



INTERNATIONAL CUP91 MINIMES

SATURDAY, APRIL 4TH, 2026

Centre Omnisports Pierre de Coubertin - 91300 MASSY



Invitation to Our 2nd International U16 Tournament

The FLAM91 club is pleased to invite you to its 2nd international judo tournament for U16 judokas (male and female), born in 2012 and 2013.

This event will take place on Saturday, April 4th, 2026, at the Pierre de Coubertin Omnisports Center (COS), located at 10 Avenue du Noyer Lambert, 91300 Massy.

We look forward to welcoming many of you and we remain at your disposal for any additional information.

Please accept, dear Presidents, dear Teachers, our best sporting regards.

Contacts :

- harachi.sarah@hotmail.fr
- contact@flam91.com

FLAM91 Team

1. ORGANIZER

FORCE LONGJUMEAU ALLIANCE MASSY 91 (FLAM91) :

Adress : Espace Associatif Centre Omnisport du Noyer Lambert, 91300 Massy

Email : contact@flam91.com

Phone : (+33) 6 22 95 68 86

EMERGENCY CONTACTS :

Mr. SOUBIRAN : (+33) 6 59 02 99 12 – soubiran.simon@gmail.com

Mr. BERTHIER : (+33) 6 64 72 23 47

2. IMPORTANTES INFORMATIONS

BEFORE THE TRIP:

- I ensure that each child has a valid sports passport (or an ID card for foreign participants).
- I ensure that all payments have been made to avoid additional charges on-site.

INSURANCE:

It is the responsibility of each participant to ensure that, in addition to their standard insurance, they have sufficient coverage for all pandemic-related expenses, including repatriation. The event organizer accepts no liability for claims related to the cancellation of the event due to force majeure or medical expenses for any illness related to a pandemic that may affect participants during the event.

RESPONSIBILITY:

Each delegation is responsible for their judokas. The FLAM91 club disclaims all liability for thefts or losses that may occur.

3. COMPETITION VENUE

Name : Centre Omnisports Pierre de Coubertin (COS)

Adress : 10 Avenue du Noyer Lambert, 91300 Massy

4. AGE

Children born between 2012 and 2013.

5. PARTICIPATION

Participants are registered through associations and organizations affiliated with the IJF.

6. CATEGORIES AND MATCH DURATION

Categories :

Male : -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, +73kg

Female : -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

Match duration :

Match time: **3 minutes**

Recovery time between two matches: **6 minutes**

No Golden Score → **Decision will be made after 3 minutes**

7. COMPETITION FORMAT

Pools / Double or Single Repechage Bracket depending on the number of participants.

- **7 competitors or more :** Bracket with double repechage
- **Fewer than 7 competitors:** Pools followed by bracket

8. REFEREEING

Refereeing will be conducted according to the FFJDA rules in effect on the date of the tournament. It will be managed by the federal refereeing body.

The competition will take place on 6 combat areas, each measuring 6m x 6m.

Back patches will be accepted under the conditions of the current regulations.

9. WEIGH-IN

French Competitors :

Competitors must present their accreditation and a valid sports passport.

Foreign Competitors :

Competitors must present their accreditation and an ID card (or passport).

10. ACCREDITATIONS

Only the delegation leader will be authorized to collect the athletes' accreditations.

The delegation leader and coaches must be registered via the federal extranet for French participants. Without this registration, they will not be permitted to access the competition areas.

11. REGISTRATIONS

The registration fees are covered by the FLAM91 club for license holders from other affiliated federations.

For license holders from other federations affiliated with the IJF, registration must be completed using the registration form attached and sent to FLAM 91 at contact@flam91.com



[Link to the sheet](#)



12. RESTAURATION

For competitors and accompanying persons (staff/family), **meal boxes** will be available for **€5 per box**.

Meal boxes must be ordered and paid for **before Monday, March 30th, 2026**.

For all orders, please contact Mr. SOUBIRAN :

(+33) 6 59 02 99 12 - soubiran.simon@gmail.com

A refreshment stand will also be available throughout the competition day.

Payment accepted in cash or by credit card only.

13. ORGANISATION

8h00-9h00

Validation of registrations and weigh-in for male categories -34,-38,-42 and female categories -36, -40

10h00-11h00

Validation of registrations and weigh-in for male categories -46,-50 and female categories -44,-48

12h00-13h00

Validation of registrations and weigh-in for male categories -55,-60, -66 and female categories -52, -57, -63

13h30-14h00

Validation of registrations and weigh-in for male categories -73, +73 and female categories -70, +70

Awards will be presented as soon as each category is completed.

Please bring your red belt.

14. ACCESS TO COMPETITION AREA

Only authorized personnel with badges and/or accreditations issued by the organization (coach, delegation leader) will be allowed around the competition areas.

15. TRANSPORT

From Orly Airport: 35 minutes by public transport, 15 minutes by car

From Paris Gare de Lyon: 1 hour by public transport, 30 minutes by car

From Massy TGV and RER Station: 20 minutes by public transport, 8 minutes by car

RER B Stop: Les Baconnets

16. ACCESSIBILITY



Courtepaille Parking

Parc Urbain George Brassens, 91300 Massy | Av. du Noyer Lambert, 91300 Massy

Omnisport Center Parking

17. ACCOMMODATION

IBIS Styles Massy Opéra (Green):

Address: 6 Rue de L'Opéra, 91300 Massy

Check-in: 14:00; Check-out: 12:00

Distance from Massy TGV: 4.5 km (10 min by car)

Distance from the competition venue: 600 m (3 min by car, 5 min on foot)

Ask for the sports rate for a preferential price.

IBIS Massy (Red):

Address: 6 Rue du Saule Trapu, 91300 Massy

Check-in: 12:00; Check-out: 12:00

Distance from Massy TGV: 3.5 km (10 min by car)

Distance from the competition venue: 2.2 km (6 min by car, 20 min on foot)

Ask for the sports rate for a preferential price.

F1 Chilly-Mazarin (Mazarin les Champarts):

Address: ZA de la Butte au Berger, 91380 Chilly-Mazarin

Check-in: 14:00; Check-out: 12:00

Distance from Massy TGV: 4.5 km (13 min by car)

Distance from the competition venue: 4 km (10 min by car)



SUNDAY APRIL 20TH

MINIMES - CADETS - JUNIORS - SENIORS / 9H30 - 16H00

**MASTERCLASS WITH THE
CLUB CHAMPIONS !**

Centre Omnisports Pierre de Coubertin - 91300 MASSY

Contact@flam91.com



1. TRAINING LOCATION

Name : Centre Omnisports Pierre de Coubertin (COS)
Address : 10 Avenue du Noyer Lambert, 91300 Massy

2. AGE

Starting from Minimes – born in 2012 or earlier.

3. REGISTRATIONS

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A refreshment stand will also be available throughout the competition day.

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5. PROGRAM

9h30 - 12h30 :

1st training session for all categories

12h30 - 14h00 :

Lunch break. Quiet time.

14h00 - 16h00 :

2nd training session for all categories



***Join the Telegram for
all the tournament news!***